



Making the Best Baked Custard

3-4 eggs
1/2 cup brown sugar
1 and 1/2 cups of milk
1/2 cup thickened cream
1 teaspoon vanilla essence
Nutmeg or cinnamon for topping

Set oven to 180dg.

Beat all ingredients together and pour into a oven proof dish and sit

On a tray half filled with water to form a jacket

Cook until set aprox. 35 minutes