



FACT SHEET

- Adventures in Weightloss is a medically designed program individually prescribed to clients by Dr JB Ryan, a medical doctor with over 40 years experience.
- By eating natural food in sensible amounts going by an individual's unique blood chemistry, the program works as a gentle detox for the system. The body can then heal itself and get the metabolism moving again.
- Adventures in Weightloss uses a customized combination of the four essential weight loss keys to enable life long success:
 - Nutrition
 - Supplementation
 - Psychology
 - Physical Activity
- Clients have blood tests regularly so to monitor their progress.
- Men lose about 2 kilos per week on average and women lose approximately 1 kilo per week.
- Every member of the AWL team (even our doctor and psychologist) fought the battle of the bulge and won by doing this program.
- We strive for outstanding customer support and every client is assigned their own personal consultant.
- Adventures in Weightloss services all areas in Australia as there are no meetings or "weigh ins", we do everything remotely by phone, mail and email.
- AWL offers a 100% Money Back Guarantee should a client not lose at least 10 kilos in 12 weeks.
- AWL has a higher success rate than any other weight loss program available in Australia.
- More information can be found at www.adventuresinweightloss.com
- Or call 1300 657 207